

1

Measure and cut out piece



2

Mark the center



3

Drill a 40mm deep hole on both ends using a 6mm drill bit

*For 30 mm rod, drill a 20 mm hole



4

Drill a 15mm deep hole on both ends using an 8mm drill bit



5

Grab drill bit extender, the proper sized bit, and two insert nuts

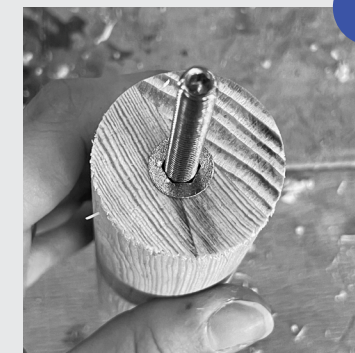
*For 30 mm rod, grab only one insert nut



6

Screw insert nut into piece on both ends

*For 30 mm rod, insert only one nut



7

Insert bolt

*Tip: To make the nut flush with the wood, use a larger bit and drill 1-2mm into the top of the rod and then insert nut.

